



JUNIOR VOLUNTEER PROGRAM

Maine Adaptive welcomes youth that are 16 or 17 years of age to participate in the Junior Volunteer program. The purpose of the Junior Volunteer program is to introduce young people to adaptive skiing/riding and prepare them to teach adaptive skiing/riding. Through the training provided, Maine Adaptive helps young people work towards becoming an adaptive ski or snowboard instructor and helps to establish a comfort level in being with people who have physical or cognitive disabilities. The Junior Volunteer program is available during the winter season at the Sunday River Ski Resort or Sugarloaf locations. Summer opportunities are also available with Maine Adaptive cycling, paddling, hiking, golf, and racket sport programs. Maine Adaptive is confident that participating in the Junior Volunteer program will be rewarding.

Who we are

Maine Adaptive is a 501(c)(3) non-profit organization that provides year round adaptive recreation programs to children and adults with permanent disabilities. Our mission is to develop and operate educational programs that encourage individuals with a disability to discover new abilities and independence through recreation.

The benefits of adaptive recreation are numerous for people with disabilities. Developing physical strength, self-confidence, independence and social contacts are just some of the benefits seen when people get involved with Maine Adaptive.

The Junior Volunteer Program

The program consists of 3 preseason trainings and then, beginning in January, volunteering for a minimum of 6 days. The volunteer days consist of training sessions and working with participants. Junior Volunteers will be paired with Maine Adaptive volunteers who have expertise in the different phases of adaptive skiing and disabilities. Junior Volunteers will learn how to use adaptive equipment and understand the aspects of different disabilities and disability etiquette. Most days the Junior Volunteer will be paired with a seasoned volunteer and participant in an all day lesson.

Criteria

- Must be 16 years of age before the program begins
- Must provide own ski/snowboard equipment.
- Must be an intermediate level skier/rider.
- Must make a commitment to a minimum of six days of volunteering.
- Must complete Maine Adaptive paperwork and have parent signature on release form

Benefits

Junior volunteers will be provided with an understanding of disabilities and adaptive equipment. Any lift tickets needed during training and volunteering will be provided.

Insurance

Volunteers at Maine Adaptive are not employees so are not covered under worker's compensation for accidents or injury. Volunteers are covered under Maine Adaptive liability insurance as additional insured.

Contact information

For more information about the Maine Adaptive Junior Volunteer program contact us at Maine Adaptive, PO Box 853, Bethel, ME 04217, by phone at 207-824-2440 or via email at info@maineadaptive.org.



Parent Information Letter

Hello!

We are very pleased that your teen is interested in participating as a junior volunteer with Maine Adaptive Sports & Recreation. For more than 15 years, Maine Adaptive has offered this program for teens who are 16 (before January) and 17 year olds. We are very excited to be able to offer this experience during our winter or summer program. Each potential Junior Volunteer must submit the Junior Volunteer Application along with a written recommendation from one of their teachers. A parental signature is required on the release forms before the teen can participate in the program.

During the Program, Junior Volunteers will not need a lift ticket if they do not have a season pass, they will be provided with a volunteer pass each day they participate. Instructional sessions about disabilities, adaptive equipment, teaching and disability etiquette will be taught by seasoned Maine Adaptive instructors. On most days the Junior Volunteers will be paired with a volunteer and participant team.

If this volunteer time is to go toward any community service requirements, we would be happy to fill out any paperwork or sign any necessary forms.

We look forward to meeting your teen and having them involved in the Maine Adaptive Junior Volunteer program this season and would ask that you reinforce the importance of making a commitment to attend all of the sessions to receive the full benefit of the program. Please feel free to call Maine Adaptive if you have any questions.

Sincerely,

Judy Sullivan
Program Director
Maine Adaptive Sports & Recreation
207-824-2440 ext 1108



Junior Volunteer Application

Name _____ Date of Birth _____

Current Mailing Address _____

Town _____ State _____ Zip _____

Telephone #: Primary _____ Secondary _____

Email Address _____

Parent or Guardian Name _____ Relationship _____

Address _____

Telephone #: Primary _____ Secondary _____

Name of School _____ Town and State _____

Will participation fill a school requirement? Yes No

Please explain: _____

Will you need a letter from Maine Adaptive to fulfill this requirement? Yes No

Advisor's name _____ Phone _____

Will you participate as a Junior Volunteer at: Sunday River Sugarloaf

Briefly explain your desire to participate in the Junior Volunteer Program:

Skiing/Snowboard experience:

Alpine Skiing

Snowboard

Years of experience

Have you taken lessons?

Please rate your ability
(beginner, intermediate, advanced)

Signature (or printed name if completed on line)

Date

*Please attach a letter of recommendation from a teacher, guidance counselor, or principal and return to:

Maine Adaptive Sports & Recreation
PO Box 853
Bethel, ME 04217

Or save a copy and email that copy to info@maineadaptive.org



Junior Volunteer Reference Letter

Maine Adaptive Sports & Recreation is a 501(c)(3) non-profit organization that provides year round adaptive recreation programs to children and adults with disabilities. Our mission is to promote year-round education and training for individuals with disabilities in order to develop skills, enhance independence and provide enjoyment through active recreation.

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Junior Volunteer applicants must submit a letter of reference from a teacher, principal or guidance counselor in order to participate. Please share your thoughts below, and on the reverse if necessary, about this potential Junior Volunteer.

Name _____ Teacher Guidance Principal

Check one

School _____

Signature _____ Date _____