



Windham Gambo Preserve Cycling – Summer Program Information

The beautiful Gambo Preserve trail network in Gorham. This area connects with the Mountain Division Rail Trail and Shaw Park via the paved Presumpscot River Trail, offering a mix of smooth riding and natural beauty. With nearby recreation facilities, picnic areas, and water access, it's an ideal location for a relaxing and accessible cycling experience suitable for all levels.

Where we will be cycling: We will be basing out of the Gambo Fields and biking between route 202 and route 237, with the ability to ride the Shaw Park loop. This combo can give us the ability to ride several miles with minimal road crossings.

Where to meet: You will find us set up in the public parking lot off of Gambo Road, adjacent to the Windham Youth Soccer fields. **GPS Directions: Soccer Dr, Windham, ME 04062**

Bathroom Facilities: We highly recommend using the restrooms before arriving, as the porta-potties in the parking lot are not always reliable to use.

37th Maine Adaptive Ski-A-Thon

Schedule: Please check to make sure which session you are confirmed for before arriving; the morning session is from 10:00 am to noon. The afternoon session is from 1:00 pm to 3:00 pm. Please arrive with enough time to get yourself ready to start at the appropriate session start time and check in with staff when you arrive.

Things we suggest you bring with you:

- water
- light snacks
- sunscreen
- bug spray
- layers (windbreaker, rain jacket or light layers in case it is cooler temps)
- closed toe shoes
- sunglasses