



## Climbing at Salt Pump Climbing Co. – Program Information

We're proud to continue our long-standing partnership with Salt Pump Climbing Co., a premier climbing facility that has supported the Maine Adaptive Climbing Program for many years. Salt Pump provides a welcoming and inclusive environment where climbers of all abilities can grow, challenge themselves, and connect with a vibrant community. The facility offers top-quality climbing walls, comfortable seating areas, and an experienced, supportive staff who are ready to assist.

**What to Expect:** One of the best parts of climbing at Salt Pump is the consistent and supportive environment it provides. The space is designed with both comfort and accessibility in mind, and the experienced staff help ensure each session runs smoothly. When you arrive, stop at the check-in desk. There you will get climbing shoes and a climbing harness, then proceed to the climbing area where you will find Maine Adaptive staff and volunteers.

**Snacks & Amenities:** Salt Pump offers a cozy lounge to have a snack and comfortable areas to relax between climbs. You're welcome to bring your own food, and we encourage you to stay hydrated and fueled throughout the session.

**Where to Meet:** Salt Pump Climbing Co. 36 Haigis Parkway, Scarborough, ME

**Parking:** Accessible parking is available near the main entrance. If you do not have mobility needs, we kindly ask that you leave the closer spots open for those who do.

**Bathroom Facilities:** Accessible restrooms are located near the bouldering area and are easy to reach from the climbing areas.

### Schedule:

- Volunteer Arrival: 8:45 AM
- Participant Arrival: 9:00 AM
- Climbing Sessions: 9:30 AM – 11:30 AM; 12 PM - 2 PM

### What to Bring:

- Water
- Light snacks
- Sneakers or closed-toe climbing-friendly footwear
- Any personal items that help you stay cool and comfortable