



Songo River Locks Paddling, Sebago Lake State Park – Program Information

Sebago Lake State Park sits on the lake's northeast corner in the towns of Casco and Naples. This is one of Maine's most popular state park offering lakeside camping, picnic areas, and boat launches. The hand-operated Songo Lock at Sebago Lake State Park in Naples has been in operation allowing boats to travel back and forth between Sebago and Long Lakes since 1830. The entrance to Sebago Lake State Park is almost diagonally across the street from the roadway that leads to the lock.

Address: Day-use Entrance in Casco - take Route 302 in Casco to State Park Rd. to Park Access Rd

Important information for all volunteers and participants: Sebago Lake is a State Park, meaning that there is usually an entrance fee. However, being a part of Maine Adaptive all volunteers and confirmed participants for the given program day can get in using our State Park pass. When you arrive at the gate entrance, please make sure to inform the park ranger that you are with Maine Adaptive for the paddling program; this will get you into the park at no cost.

Where to meet: This is a wonderful paddle up a meandering path up to the Songo Locks for lunch! We will be starting at Sebago State Park boat Launch in the Park. Please bring lunch and snacks for yourself as we will be eating lunch at the Songo Locks. See the photo for a visual of the boat launch.

Schedule: We are asking folks to arrive between 9:00 am and 9:30 am to allow time to unload and get everyone ready to be on the water by 10:00 am. Please arrive with enough time to get yourself ready to start at the appropriate session start time and check in with staff when you arrive.

Bathroom Facilities: The locks do have an accessible outhouse, as well as some picnic tables. The boat launch does have multiple outhouses in the parking lot.

What to wear: Even if you don't plan on swimming, we highly recommend clothing that can get wet. A sun shirt and hat are also highly recommended.

Things we suggest you bring with you:

- Water
- Lunch and light snacks
- Sunscreen
- Bug spray
- Layers (windbreaker, rain jacket, or light layers in case it is cooler temps)
- Closed toe shoes
- Sunglasses