



## Adaptive Instructor Development Program (ages 13-15) Volunteer Agreement

Maine Adaptive Sports & Recreation is a 501(c)(3) non-profit based in Newry, ME. Our Adaptive Instructor Development program provides training and observation time for individuals ages 13-15 who are interested in working with individuals with disabilities.

### Key requirements:

- Social interaction with students
- Ability to carry equipment that may weigh over 50 lbs with good form
- In conjunction with an adult coach, create a basic lesson plan matched to each student's ability and goals
- Assist in conjunction with the head coach in the completion of progress notes
- Must be a positive representative and promoter of Maine Adaptive programs, events, and activities
- Adhere to all policies and procedures as outlined in the Volunteer Manuals and training
- Attend, engage in and complete required training
- May assist with Maine Adaptive events and fundraising efforts as needed

### Required Knowledge and Qualifications

- Independent, intermediate skills in the sport you volunteer at
- Passion for working with individuals living with a disability
- Ability to be flexible, creative, and adaptable to diverse situations and circumstances
- Demonstrates insight into activity safety for self
- Demonstrates interest in service to the community
- Demonstrates interest in continued learning
- Demonstrates leadership skills that include but are not limited to time management skills, conflict resolution, being a good role model, self-directed learning
- Must have reliable transportation
- Must supply own personal equipment
- Must have completed waivers signed by parent/guardian.

### Other Specifications

I agree to adhere to the responsibilities listed above as an AID volunteer (ages 13-15) with Maine Adaptive Sports & Recreation. I understand that if I am unable to do so I may be dismissed as an AID volunteer with Maine Adaptive

I have agreed to work as an AID volunteer for Maine Adaptive and do so of my own free will. As an AID volunteer, I am not an employee or agent of Maine Adaptive. I understand this role does not include compensation or payment of any kind. Furthermore, I acknowledge that Maine Adaptive does not offer health insurance, workers' compensation insurance, or any such employee benefit to AID Volunteers.

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Volunteer Signature

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Date

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Parent or Guardian Signature

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Date



# Maine Adaptive

SPORTS & RECREATION

## Adaptive Instructor Development Program Application Junior Volunteer Ages 13-15

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Current Mailing Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone #: Primary \_\_\_\_\_ Secondary \_\_\_\_\_

Email Address \_\_\_\_\_

Parent or Guardian Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Telephone #: Primary \_\_\_\_\_ Secondary \_\_\_\_\_

Name of School(if applicable) \_\_\_\_\_

Town and State \_\_\_\_\_

Will participation fill a school requirement?  Yes  No

Please explain: \_\_\_\_\_

Will you need a letter from Maine Adaptive to fulfill this requirement?  Yes  No

Advisor's name \_\_\_\_\_ Phone \_\_\_\_\_

Will you participate as a Junior Volunteer at:  Sunday River  Sugarloaf

Other: \_\_\_\_\_

Briefly explain your desire to participate in the A.I.D. Program:

**Skiing/Snowboard experience:**

**Alpine Skiing**

**Snowboard**

Years of experience

\_\_\_\_\_

\_\_\_\_\_

Have you taken lessons?

\_\_\_\_\_

\_\_\_\_\_

Please rate your ability  
(beginner, intermediate, advanced)

\_\_\_\_\_

\_\_\_\_\_

**Summer Sports Experience: Paddling**

**Cycling**

**Golf**

**Mountain Bike**

**Climbing**

Years of Experience

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you taken lessons?

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please rate your ability  
(beginner, intermediate, advanced)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Today's Date: \_\_\_\_\_

\*Please return to:

Maine Adaptive Sports & Recreation  
125 Outward Bound Rd  
Newry, ME 04261

Or save a copy and email that copy to [info@maineadaptive.org](mailto:info@maineadaptive.org)